

Uncle Jack's
HOBBIES AND OTHER PURSUITS

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COACHING SESSIONS

Simple Calisthenics
Basic Cursive Handwriting
Aiming Toward A Productive Longevity
Primitive Swimming For Immersion Emergencies

TAG ALONG TRIPS

Traveling Beyond Tra-la-la Tourism
California / Nevada / Arizona / New Mexico
Concord, Massachusetts / Washington, D.C.
43rd Annual Japan Rail Pass Ramble (MAY 2017)
12th Peru Excursion (FEB 2019)
4th India Exploration (FEB 2021)

STAGE PRODUCTIONS & CARPET PERFORMANCES

Dancing Phantoms From Japan
Handel's Sixty Minute Messiah
The Thirty Minute Messiah Christmas Chorus
Bernstein's CANDIDE As Oratorio
Lenny's Energy!
Gershwin's PORGY & BESS Undressed
Theatrical Reading Workshop

LECTURES

How James Michener Wrote Best Sellers
Thomas Jefferson's Tribal Bible
Robert Ingersoll, An American Existentialist
Frank Lloyd Wright, Revolutionary Evolutionist
Vincent van Gogh & Jack London
Joseph Campbell's Immense Importance
Outgrowing A Kiddie Religion
Artistic Mysticism
Evolutionary Existentialism
Jiriki Zen Buddhism
Going To Japan On Your Own
A Quick Trip To Tokyo
Visiting Kyoto By Yourself
Enjoying One Week With A Japan Rail Pass
The Miho Museum
Japanese Gardens & Suiseki
Seeing Some Amazing Places In Peru
An Easy Trip To India
Mahatma Gandhi's Fasting & Dietary Guidelines
Seven Kinds Of Vegetarians
How Our Old Age Can Become A New Adventure
Chant Walking & Natural Body Carriage
Recording Scenes From Your Dreams
The Brighter Side Of Bad Habits
Clever Ways To Quit Smoking